

OLBRICH BOTANICAL GARDENS

# LEARN AT THE GARDENS

— JUNE — DECEMBER 2024 —



# WELCOME

Whether you are a gardening expert, new to gardening, interested in wellness topics, or looking to flex your artistic muscles, Olbrich Botanical Gardens is the perfect place for you to learn, relax, and slow down while you deepen your connection with nature. Featuring 16 acres of outdoor gardens and a tropical conservatory, talented instructors, inspiring subject matter, and fun social connections, we welcome you to experience something new at Olbrich.

Along with classes and workshops, there are endless opportunities for you and your family to delve into the world of plants at Olbrich. Here are just a few highlights:

- **What's in Bloom Walking Maps** are created with special input from our horticulture staff and available in the visitor center throughout the seasons to highlight plants of current interest.
- **Visit the Discovery Cart** in the outdoor gardens throughout the summer months for drop-in, hands-on activities for all ages.
- **Olbrich's free-standing planters inspire** endless possibilities for designing containers to enhance your landscape. Look closely, some containers offer a full planting list so you can recreate them at home!
- **Dive into a great story** on the Learning Center rooftop from the robust collection of available books in the Learning Center Loft.
- **Olbrich After Hours** offers a time to relax with family and friends as you enjoy live music on Olbrich's Great Lawn. The Summer Concert Series is back with a fresh twist and new name - Olbrich After Hours! Enjoy an evening in the gardens with a rolling line-up of dynamic musicians, pop-up performances, and delectable food carts. Tuesdays from 6-9 p.m., June 25 – August 13.
- **Ride the eco-friendly electric tram** for a unique view of the gardens via a pre-recorded tour by our horticulturists and supplemental narration about Olbrich's history, gardens, and sustainable gardening practices by experienced tram drivers. Tram service begins in May and is available throughout the summer months.
- **Visit the Guest Resource Center** for items available to enhance your visit. Resources rotate throughout the seasons and may include family discovery backpacks, walking maps, walking audio tour information, plant ID resources, and more.

An exciting semester of learning opportunities awaits you!

**COME LEARN AT THE GARDENS!**

*Kim North*

Kim North, Director of Education



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Some of our adult programs accept youth participants. Please email [edufford@cityofmadison.com](mailto:edufford@cityofmadison.com) if you are interested in signing up a youth participant for an adult class.

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## Virtual Zoom™ Class

Virtual class Zoom links will be shared via email. Please provide a working email address when registering for a virtual class.

## Class Registration:

Register online, by phone, or in person. Visit [olbrich.org/learn](http://olbrich.org/learn) for additional registration information or to register. Registration by the deadline is required for most classes. Classes may be canceled if the minimum number of participants has not been met by the registration deadline. Walk-in registrations may be accepted if space, supplies, and instructor contract allow. Call (608) 245-3648 for availability.

*Olbrich is using a new class registration system. Please email [edufford@cityofmadison.com](mailto:edufford@cityofmadison.com) or call (608) 245-3648 for assistance.*

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*Visit [olbrich.org](http://olbrich.org) for more information*



## GARDENING AND NATURE

Deepen your knowledge of plants and the environment as you get inspired to tackle new gardening projects. Led by experts in their fields, including Olbrich's talented horticulturists, these classes offer something for every interest and skill level. Limited space; register early and by the deadline.

### The Moonlight Garden: Creating a Space for Dusk and Beyond

Appreciate your garden from a whole new light — at night! Horticulturist and author of “White Gardens: Creating Magnificent Moonlit Spaces,” Nina Koziol will share how to fill your garden with fragrant white flowers, variegated foliage, native plants and other elements that you'll enjoy at dusk and beyond. Then take a stroll through Olbrich's own Moonlit Meadow to see these concepts come to life.

**Instructor:** Nina Koziol, Horticulturist & Writer

*Wednesday, June 5, 6-8 p.m.*

**Registration deadline:** May 29

\$45/\$36 member

### Growing Edible Containers

Want to grow your own food but feel limited in space? Join us to learn what containers to choose, how to ensure good soil, and how to maximize your space so you can celebrate abundant harvests in the city! Learn what crops to start now, how to succession sow seeds and keep your container garden healthy through the hot, dry summer days.

**Instructor:** Kasey Eaves, Vivant Gardening

*Thursday, June 6, 1-2:30 p.m.*

**Registration deadline:** May 30

\$25/\$20 member

### Perennial Progress

Over the past several seasons, Rotary Botanical Gardens in Janesville, Wisconsin has transitioned to an approach that puts a greater emphasis on creating ecologically sound gardens and sustainable landscapes. Director of Horticulture Michael Jesiolowski will showcase recent developments, green initiatives, plant selection, and the overcoming of obstacles, such as weather extremes and deer browse, to make the overall garden vision a reality.

**Instructor:** Michael Jesiolowski, Rotary Botanical Gardens

*Wednesday, June 12, 5-6:30 p.m.*

**Registration deadline:** June 5

\$42/\$33 member

### Rain Gardens and the Native Plants that Love Them

Have you been dreaming of creating your own rain garden or looking to revitalize one? Learn about the goals and benefits of rain gardens, where to site them, and how to determine what size they should be. We will also discuss selecting native plants that will be beautiful, attract pollinators, and thrive in rain garden settings.

**Instructor:** Lisa Johnson, Dane County Extension

*Thursday, June 13, 6-7:30 p.m.*

**Registration deadline:** June 6

\$22/\$18 member

## American Home Garden Design: 1830-Present

Draw inspiration for your own home, no matter what age or style, as you look at garden design evolution in the Midwest. Learn about design trends, the rise of the suburban lawn, foundation plantings, cottage gardens, moon gardens, and heirloom plants.

**Instructor:** Nina Koziol, Horticulturist & Writer

*Saturday, July 20, 1-3 p.m.*

**Registration deadline:** July 13

\$45/\$36 member

## Perennial Vignettes: Putting Together Beautiful Plant Combinations

Dig into the many ways you can create plant combinations that delight with perennials, shrubs, and trees. We will dive into the principles involved in creating rich experiences in the garden from fleeting pleasures to long-lasting displays. Then, enjoy a walk through the gardens to evaluate plantings with your new-found skills. Students will learn about different plant weights and textures, how to combine different plant forms for pleasing effects, and how to evaluate combinations with a critical eye.

**Instructor:** Heather Prince, Fearless Gardening

*Saturday, July 27, 1-4 p.m.*

**Registration deadline:** July 20

\$37/\$30 member

## Gardening with Climate Change in Mind

How will a changing climate affect your home garden? Join us to learn about the interconnected causes of climate change, with results we are observing now and projected climatic trends for the upcoming few decades. Then we will discuss strategies and techniques to make personal landscapes more adaptable to predicted weather trends.

**Instructor:** Lisa Johnson, Dane County Extension

*Thursday, August 1, 6-7 p.m.*

**Registration deadline:** July 25

\$22/\$18 member

## Lawn to Garden

Tired of endless mowing and dreaming of a vibrant garden oasis? Let us guide you through the process of transforming your lawn into a thriving garden, including techniques for this conversion, the labor involved, potential costs, and environmental impacts of each so you can

make the choice that is the most sustainable for your space and lifestyle. Discover how easy it is to create a homeowner-friendly garden that enhances curb appeal and brings joy to your outdoor living space.

**Instructor:** Kasey Eaves, Vivant Gardening

*Thursday, August 8, 1-2:30 p.m.*

**Registration deadline:** August 1

\$25/\$20 member

## Bumble Bees of South Central Wisconsin

Learn how to identify bumble bees using their unique color patterns and physical features. In this informative lecture you will gain a deeper understanding of bumble bees in Wisconsin, explore tips for developing un-BEE-lievable observational skills, and learn how the DNR's Bumble Bee Brigade citizen science project is finding answers about Wisconsin's Bumble Bees.

**Instructor:** Ann Pedder Reilly, Naturalist

*Tuesday, August 6, 9:30-11 a.m.*

**Registration deadline:** July 30

\$21/\$17 member

## Introduction to Wisconsin Butterflies and Moths

Butterflies are amazing creatures with their delicate wings and bright colors. Get introduced to the life stories of butterflies and moths, and learn the hidden meanings in their beautiful colors and markings.

**Instructor:** Ann Pedder Reilly, Naturalist

*Tuesday, August 6, 1-2:30 p.m.*

**Registration deadline:** July 30

\$21/\$17 member

## Drainage Improvements Around Your House

Improper drainage around your house can cost homeowners thousands of dollars and impede selling your house in the future. This class will discuss a variety of topics to help you better understand how to improve drainage around your home including: building codes, settling, downspout sizing and extensions, rain gardens and infiltration basis, negative aspects of hydrostatic pressure, and use of rubber membranes.

**Instructor:** David Polich

*Thursday, September 12, 4-6 p.m.*

**Registration deadline:** September 5

\$22/\$18 member

## Your Winter Ready Garden

Are you and your garden ready for winter? Learn how Olbrich's horticulturists prepare their gardens for the cold winter months ahead. Fall gardening tips and tricks will be shared so you can enjoy a more beautiful winter and a relaxing, rewarding spring. We will address common questions related to fall gardening and include technique demonstrations, strategies, and tools to help gardeners of any skill level tackle and enjoy getting gardens ready for the next season.

**Instructor:** Samara Eisner & Samantha Peckham, Olbrich Botanical Gardens

*Tuesday, September 17, 5-6:30 p.m.*

**Registration deadline:** September 10

\$22/\$18 member

## Seed Saving Workshop

Bringing together the time honored gardening traditions of seed saving with hands-on practice, this workshop offers a unique learning experience in how to identify, harvest, and store seeds from Olbrich Gardens. Wander the garden, learn about each plant and its particular seed, and help harvest seeds for future use in the gardens. Gardeners of any skill level will enjoy using seed saving and seed sharing as a way to connect with others and to pass on generations of history and traditions.

**Instructor:** Avery Pronschinske, Olbrich Botanical Gardens

*Friday, September 27, 1-2:30 p.m.*

**Registration deadline:** September 20

\$22/\$18 member

*Friday, October 11, 2-3:30 p.m.*

**Registration deadline:** October 4

\$22/\$18 member

## Fall Containers for All!

This engaging lecture will help you embrace the beauty of seasonal annuals as you explore Vivant Gardening's process of creating stunning decorative container plantings. With a focus on sustainability and pollinator friendly planting, your garden will not only look incredible but also contribute positively to the local ecosystem. Learn how to make mindful choices in plant selection, soil, and maintenance, ensuring your container garden thrives.

**Instructor:** Kasey Eaves, Vivant Gardening

*Sunday, September 29, 2-4 p.m.*

**Registration deadline:** September 23

\$37/\$30 member

## Bewitching Beauties: Ornamental Trees and Shrubs for the Home

We love our hydrangeas and redbuds, but what else is hardy for the Midwest and offers seasonal interest? We will explore some of the more unusual ornamental trees and shrubs for our area that are readily available and deserve our attention. Then take a stroll through the gardens to encounter them yourself! Students will learn about underused trees and shrubs, broaden their plant palette and know-how, and see plants in person in the gardens.

**Instructor:** Heather Prince, Fearless Gardening

*Friday, October 4, 1-4 p.m.*

**Registration deadline:** September 27

\$37/\$30 member

## Indoor Herb Gardening

Bring the freshness indoors with Indoor Herb Gardening! Wondering how to easily access fresh herbs throughout the winter? If you're looking to start growing herbs inside or move your herb plants in for winter – here's a class on best practices and common pitfalls. This Indoor Herb Gardening class is your passport to cultivating a thriving herb garden, no matter the size of your living space.

**Instructor:** Kasey Eaves, Vivant Gardening

*Thursday, October 17, 1-2:30 p.m.*

**Registration deadline:** October 10

\$25/\$20 member

## Winter Tree Identification

Leaves are the most recognizable parts of trees, but they aren't the only things that make trees unique. Learn how to identify the trees around you by their bark, buds, and twigs. Get some tips and tricks for remembering trees and suggestions on useful field guides to help you learn. Soon you'll know every tree you pass.

**Instructor:** Madelyn Jahnke, Tree Health Management LLC

*Tuesday, November 5, 6-7 p.m.*

**Registration deadline:** October 29

\$22/\$18 member



## WALKS

Join us for informative, casual, and fun outdoor gardens and conservatory walks. Walks occur snow, rain, or shine; cancellations only in the event of dangerous lightning or snow storm. Dress appropriately for the weather. All walks begin in the Visitor Center Lobby. Limited space; register early and by the deadline.

### Herb Walk with Kathleen Wildwood

Join us for an engaging stroll through Olbrich's stunning Herb Garden as you learn about the history and uses of medicinal plants, herbal lore, harvesting tips, and interesting scientific facts. Herbalists and gardeners of all skill levels will find inspiration in this summer garden stroll.

**Instructor:** Kathleen Raven Wildwood, Wildwood Institute

*Tuesday, June 11, 6:30-7:30 p.m.*

**Registration deadline:** June 4

\$19/\$15 member

### Early Summer Tips & Tricks from Olbrich's Herb Garden

This informal tour by Herb Garden horticulturist Erin Presley is sure to delight both experienced and aspiring herbies! Join us for a preview of the summer's plans and the techniques that contribute to the garden's bountiful, beautiful displays. This session is a prequel to a later fall session in September and will touch on selection, design and planting techniques, harvesting early season herbs, and plans for the Hmong Garden.

**Instructor:** Erin Presley, Olbrich Botanical Gardens

*Tuesday, June 18, 6-7:30 p.m.*

**Registration deadline:** June 11

\$22/\$18 member

Erin was awesome, best class I've taken at Olbrich. I haven't taken a class "in" the garden before, maybe that's why it was so good. But Erin was super knowledgeable, approachable, and great energy. I learned some tips and enjoyed my time in the garden. I plan to take her Fall garden walk as well!

– Early Summer Tips & Tricks from Olbrich's Herb Garden with Erin Presley

## Summer Container Walk

Discover the endless possibilities of designing garden containers to enhance your landscape! Containers can thrive all season long by learning tricks and tips of designing, planting, pruning, and general maintenance. Design techniques for sun and shade containers, hanging baskets, succulent combinations, herbs, tropicals, and more will be shared. Gardeners of any experience level will enjoy this walk.

**Instructor:** Samara Eisner, Olbrich Botanical Gardens

*Wednesday, July 10, 5-6:30 p.m.*

**Registration deadline: July 3**  
\$22/\$18 member

## Summer Wild Food & Wild Medicine Walk

Harvesting wild plants for food and medicine is a seasonal activity. Join herbalist and forager Linda Conroy for this fun and inspiring walk. Learn to recognize, identify, harvest and prepare wild plants for food and medicine that appear in the summer. You will leave inspired and confident to continue your plant journey, no matter your experience level.

**Instructor:** Linda Conroy, Moonwise Herbs

*Thursday, July 11, 6-8 p.m.*

**Registration deadline: July 5**  
\$45/\$36 member

## Summer Blooms & Bouquets Walk

Enjoy a summer evening stroll through the gardens with horticulturist Sam Malone. Along the route, she will point out some of her cut flower favorites, share some tips for longer lasting blooms and demonstrate methods for using material from your garden. Learn Sam's design secrets as you create a farmer's market style bouquet using flowers harvested from the garden. With Sam's help, you are sure to go home with a beautiful bouquet!

**Instructor:** Samantha Malone, Olbrich Botanical Gardens

*Wednesday, July 17, 5:30-7 p.m.*

**Registration deadline: July 10**  
\$22/\$18 member

## Fantastic Ferns and How to Grow Them

Ferns are an ancient plant lineage with many contemporary garden uses. Take a walk through Olbrich Gardens with horticulturist Dan Schuknecht while discussing the biology and culture of this large and varied group that has been around since before the time of dinosaurs! We will also talk about how to use and care for ferns in the garden.

**Instructor:** Dan Schuknecht, Olbrich Botanical Gardens

*Wednesday, July 24, 5:30-7 p.m.*

**Registration deadline: July 17**  
\$22/\$18 member

## Notable Natives Walk

This summery stroll with Olbrich horticulturist Erin Presley highlights an array of garden-worthy Midwestern native perennials, trees and shrubs. Learn about native plants suitable for gardens of all sizes and a range of growing conditions. We will touch on design and maintenance tips for incorporating native plants, good sources for purchasing natives, benefits to wildlife, and considerations when including native plant cultivars. Prepared to be inspired by notable natives!

**Instructor:** Erin Presley, Olbrich Botanical Gardens

*Thursday, July 25, 6-7:30 p.m.*

**Registration deadline: July 18**  
\$22/\$18 member

## Evening Meadow Stroll

In the golden afternoon hours of summer smell the sweet scent of garden phlox, and observe how different grasses sway in the wind on this gorgeous stroll through Olbrich's meadows. Enjoy the gardens in their full summer glory. We will discuss each meadow's creation, maintenance, and contributions to Olbrich's vast ecosystem. Gardeners of all skill levels will enjoy this gorgeous garden stroll!

**Instructor:** Avery Pronschinske, Olbrich Botanical Gardens

*Wednesday, July 31, 5-6 p.m.*

**Registration deadline: July 24**  
\$22/\$18 member

## Create a Tropical Effect in Your Garden

Olbrich's Thai Garden is designed to convey a tropical effect while using plants hardy to the Midwest climate. Stroll through the Thai Garden with horticulturist Dan Schuknecht while we discuss plant selection and special techniques used to create this look along with ways to duplicate it in home gardens.

**Instructor:** Dan Schuknecht, Olbrich Botanical Gardens

*Wednesday, August 14, 5:30-7 p.m.*

**Registration deadline:** August 7

\$22/\$18 member

## Discovering Olbrich's Insects

Horticulturists Sam and Katey have been tracking the insects they see in the garden for over three years. Come stroll through the garden and learn from their observations about which plants are insect-favorites, how they have changed their plantings to attract more insects, which bugs they see most often, and why it is so important to encourage insects in your garden. With any luck, we will spot some of our favorite insects along the way!

**Instructor:** Samantha Malone & Katey Pratt, Olbrich Botanical Gardens

*Tuesday, August 20, 5-6:30 p.m.*

**Registration deadline:** August 13

\$22/\$18 member

## Are Flowers Necessary?

Are flowers overrated? We often focus on the spectacular blooms of perennials and annuals, but good garden design requires more than attention to flowers. Foliage is a necessary component (while flowers are not!). Join us for a walk through the gardens as we learn how to design beds and borders as well as containers considering color, shape, texture, and sheen of foliage, and learn a palette of plants that are foliage stars.

**Instructor:** Dan Schuknecht, Olbrich Botanical Gardens

*Wednesday, September 11, 5-6:30 p.m.*

**Registration deadline:** September 4

\$22/\$18 member

## Fall Blooms & Bouquets

Soak in the feeling of fall with horticulturist Sam Malone as she guides you along a route highlighting her favorite flowers to use in fall arrangements. Learn tips and tricks for longer lasting bouquets using garden flowers as well as methods of identifying and cutting different flower types. After the walk, Sam will share some of her design secrets before turning you loose to create a farmer's market style bouquet of your own to take home!

**Instructor:** Samantha Malone, Olbrich Botanical Gardens

*Tuesday, September 24, 5:30-7 p.m.*

**Registration deadline:** September 17

\$22/\$18 member

## The Fascinating World of Pitcher Plants

There are few plants that captivate us more than carnivorous plants - plants that eat meat! Join us for this beginners class and peek into the fascinating world of pitcher plants. The class will begin with a brief history of carnivorous plant discovery, and then you will be introduced to some carnivorous plants as you learn the basics of pitcher plant ecology, morphology, and horticulture. We will start with a short presentation followed by a leisurely stroll through the conservatory and outdoor gardens that culminates at the pitcher plant display in Olbrich's Perennial Garden.

**Instructor:** Phillip Stutz, Olbrich Botanical Gardens

*Friday, October 4, 4:30-6 p.m.*

**Registration deadline:** September 27

\$22/\$18 member

“ Sam is very friendly & comfortable sharing her knowledge of flowers. She's great at presenting the class content hilariously and at a good pace while also inviting participation and answering questions thoroughly. I learned some valuable information to extend the life of fresh cut flower bouquets! ”

– Fall Blooms & Bouquets  
with Sam Malone



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## Behind the Scenes: Holiday Show

Ever wonder what it takes to transform the Atrium into a beautiful blooming paradise for Olbrich's Holiday Express Show? Come and enjoy the chaos before the show! Join Olbrich staff for a sneak preview before the show is completely finished. Assistant conservatory curator Amanda Dix will walk you through our production greenhouses as she gives a behind-the-scenes look at how the plants are cared for prior to the show. Horticulturist Katey Pratt will share the overall design concept and ideas behind specific scenes, explain the building process, and point out unique details along the way.

**Instructor:** Katey Pratt & Amanda Dix, Olbrich Botanical Gardens

*Tuesday, December 3, 4:30-6 p.m.*

*Registration deadline: November 26*

\$28/\$22 member

Interested in a walking tour of the Outdoor Gardens or Bolz Conservatory? Email [edufford@cityofmadison.com](mailto:edufford@cityofmadison.com) for more information and to schedule a tour for your garden club or community group. Fees and group size restrictions apply.



## Hmong Garden & Culture Celebration

Join us for a special day of cooking demonstrations and sampling using fresh garden ingredients to create signature dishes in Hmong culture. We are excited to welcome Minnesota-based artist and author Tou Her for multiple demonstrations and local farmers for a pop-up farmers market.

**Thursday, August 22, 12-7 p.m.**



## WELLNESS

Whether you are trying new ways to enjoy physical activity, restore balance to your life, improve stress management or eat healthier, Olbrich Botanical Gardens can support you on your journey to better health. Round out your wellness practices with our diverse adult classes led by experts in their fields. Limited space; register early and by the deadline.

### Summer Yoga with Jenna (5-week series)

Yoga is a practice that involves a series of stretches and poses paired with breathing exercises to increase harmony between mind and body. This class offers the powerful benefits of exercise in a gentle way that is accessible to people regardless of age or fitness level. Join us to restore the balance in your life.

**Instructor:** Jenna Coston, Yoga From Jenna

**Saturdays, June 1-29, 8:30-9:45 a.m.**

**Registration deadline: May 25**

\$50/\$40 member

### Tai Chi Meditation in the Garden (8-week series)

The ancient exercise and movement art of Tai Chi has a world wide contemporary following due to its benefits to physical and emotional well-being. Research verifies it is one of the best exercises for physical balance and fall prevention, and the gentleness and pleasure of the experience encourages continued standing and/or seated practice.

**Instructor:** Jody Curley, Master Certified Instructor

**Mondays, June 3-July 22, 6-7 p.m.**

**Registration deadline: May 27**

\$96/\$80 member

**This class was set up for all levels and felt very inclusive. Olbrich was a beautiful setting and an added bonus! I appreciated the alterations for all ages and abilities. The music Anna played to go with breathing and movement was great too!**

*– Essentrics with Anna Clarke*

## Shinrin-Yoku: Forest Bathing at Olbrich

In Japanese Shinrin-Yoku loosely means, “forest bathing,” or immersing oneself in the atmosphere of nature. An introductory 30-minute talk provides insight to Shinrin-Yoku, followed by a gentle, slow-moving, and silent walk through the gardens. Your guide will provide the prompts that make this a deeply sensorial experience. Take-home prompts and a light refreshment will be provided. Please dress for the weather.

**Instructor:** Kate Bast, Shinrin-Yoku Madison

*Tuesday, June 4, 9-11 a.m.*

**Registration deadline:** May 28

\$70/\$60 member

*Tuesday, October 8, 2-4 p.m.*

**Registration deadline:** October 1

\$70/\$60 member

*Tuesday, December 10, 2-4 p.m.*

**Registration deadline:** December 3

\$70/\$60 member

## Gentle Garden Yoga (6-week series)

Feel the earth as you rest in savasana surrounded by the nourishment and beauty of nature. In this series your instructor will kindly guide you through gentle, opening postures using the breath and a focused mind. This practice is accessible to all-levels and modifications will be provided. Class will be inside if the weather is poor. Bring your own mat and water bottle.

**Instructor:** Megan Reed, Ivy Energy

*Thursdays, June 6 - July 18, 9-10 a.m.  
(no class July 4th)*

**Registration deadline:** May 30

\$145/\$135 member

## Mindfulness in Nature

Mindfulness is the act of consciously focusing the mind in the present moment, with awareness of judgments, and without attachment to the moment. Our time together will include sitting, standing, and moving mindfulness exercises and discussion in a judgment-free space using plants, flowers and the gardens as inspiration. Everyone is welcome from beginners to the experienced.

**Instructor:** Roger Reynolds, certified Natural Mindfulness Guide

*Thursday, June 13, 4:30-6 p.m.*

**Registration deadline:** June 6

\$22/\$18 member

*Wednesday, September 18, 4:30-6 p.m.*

**Registration deadline:** September 11

\$22/\$18 member

## Plant Spirit Medicine: Tapping Into the Wisdom of Plants

Plants offer us so much more than physical medicine. Your instructor will lead a guided drumming meditation, helping participants tune in to receive their own unique healing messages from the plants. Explore the history of plant spirit medicine, local medicinal plants, and the spirit medicine they offer us. Meditations will be led outside, weather permitting. Dress for the weather.

**Instructor:** Jennifer Helmer, Eureka Astrology and Healing

*Sunday, June 23, 1-3 p.m.*

**Registration deadline:** June 17

\$42/\$38 member

## Slow Flow Yoga (4-week series)

This four week slow flow series will take participants through a combination of accessible strength-building sequences, mindful meditation, exploration of the nervous system within postures, and steady, slow movement appropriate for beginners and seasoned practitioners alike.

**Instructor:** Kaila Pooler, KP Fitness & Nutrition

*Saturdays, July 13-August 3, 8-9 a.m.*

**Registration deadline:** July 6

\$100/\$80 member

*Thursdays, September 5-26, 5-6 p.m.*

**Registration deadline:** August 29

\$100/\$80 member

## Gentle Garden Yoga (4-week series)

Feel the earth as you rest in savasana surrounded by the nourishment and beauty of nature. In this series your instructor will kindly guide you through gentle, opening postures using the breath and a focused mind. This practice is accessible to all-levels and modifications will be provided. Class will be inside if the weather is poor. Bring your own mat and water bottle.

**Instructor:** Megan Reed, Ivy Energy

*Tuesdays, August 20 - September 10, 9-10 a.m.*

**Registration deadline:** August 13

\$96/\$90 member

## Mindful Movement for Strength, Balance & Stretching with Essentrics (5 Week Series)

Essentrics is a full-body workout that is great for people of all ages and fitness levels. The technique develops lean, strong, and flexible muscles with immediate changes to your posture and balance through a combination of body weight strengthening and deep stretching. With music playlists accompanying each routine, this equipment-free workout leaves you feeling energized!

**Instructor:** Anna Clarke, Grow with the Flow LLC

*Tuesdays, August 27- September 24, 6-6:45 p.m.*

**Registration deadline:** August 20

\$55/\$45 member

## Tai Chi Meditation from Home (6-week series) 🎧

The ancient exercise and movement art of Tai Chi has a world wide contemporary following due to its benefits to physical and emotional well-being. Research verifies it is one of the best exercises for physical balance and fall prevention, and the gentleness and pleasure of the experience encourages continued standing and/or seated practice.

**Instructor:** Jody Curley, Master Certified Instructor

*Mondays, September 9-October 14, 6-7 p.m.*

**Registration deadline:** September 2

\$72/\$60 member

*Mondays, October 21-November 25, 6-7 p.m.*

**Registration deadline:** October 14

\$72/\$60 member

## From the Garden: Herbal and Goat Milk Soap Making

This comprehensive soap-making class will offer a foundation for making soap with the best ingredients from the field, forest, and farm. We will cover the qualities of the herbs to add for their healing and moisturizing qualities and 3 approaches to soap making: hot process, cold process, and hand milling. Participants will leave with bars of soap to cure at home, a recipe guide, and skills for a lifetime.

**Instructor:** Linda Conroy, Moonwise Herbs

*Saturday, October 5, 10-4 p.m.*

**Registration deadline:** September 28

\$63/\$50 member

## Zentangle™: Playing with Patterns in Nature

When was the last time you created space for wonder in your life? The Zentangle Method is an approachable, relaxing and fun way to create unique images by playing with patterns. Using pen and ink, we will explore patterns inspired by nature as a way to make visible the wonder and mystery of the world we live in. This class is open to everyone but is designed for people who are new to Zentangle or would like a refresher. No drawing experience is necessary. All class materials will be supplied.

**Instructor:** Virginia Stiles & Julie Swanson, certified Zentangle instructors

*Sunday, October 13, 1-2:30 p.m.*

**Registration deadline:** October 7

\$45/\$36 member

## From the Garden: Herbal Gift Making

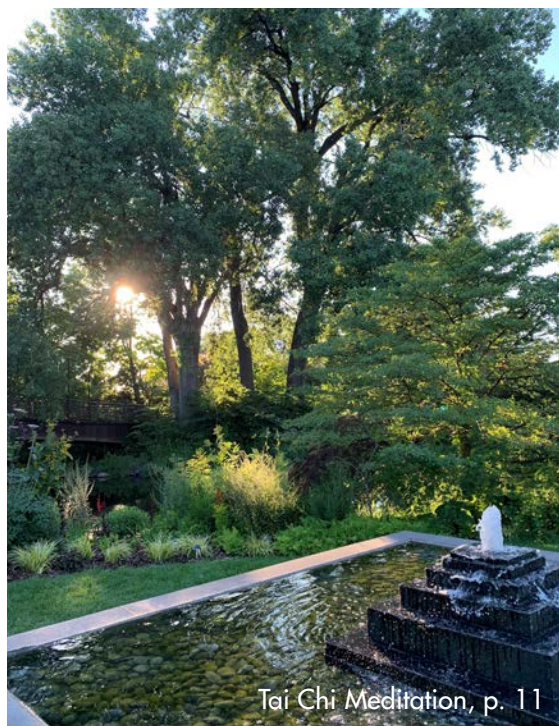
If you are looking for ways to keep up with the spirit of giving without the pressure to spend lots of money on trendy but less-than-ecological gifts, look no further! Join Linda Conroy of Moonwise Herbs for this magical make-and-take workshop. You will take home 10+ herbal preparations that you can gift to loved ones over the holidays, including lip balm, felted soap, herbal bath soak, and more!

**Instructor:** Linda Conroy, Moonwise Herbs

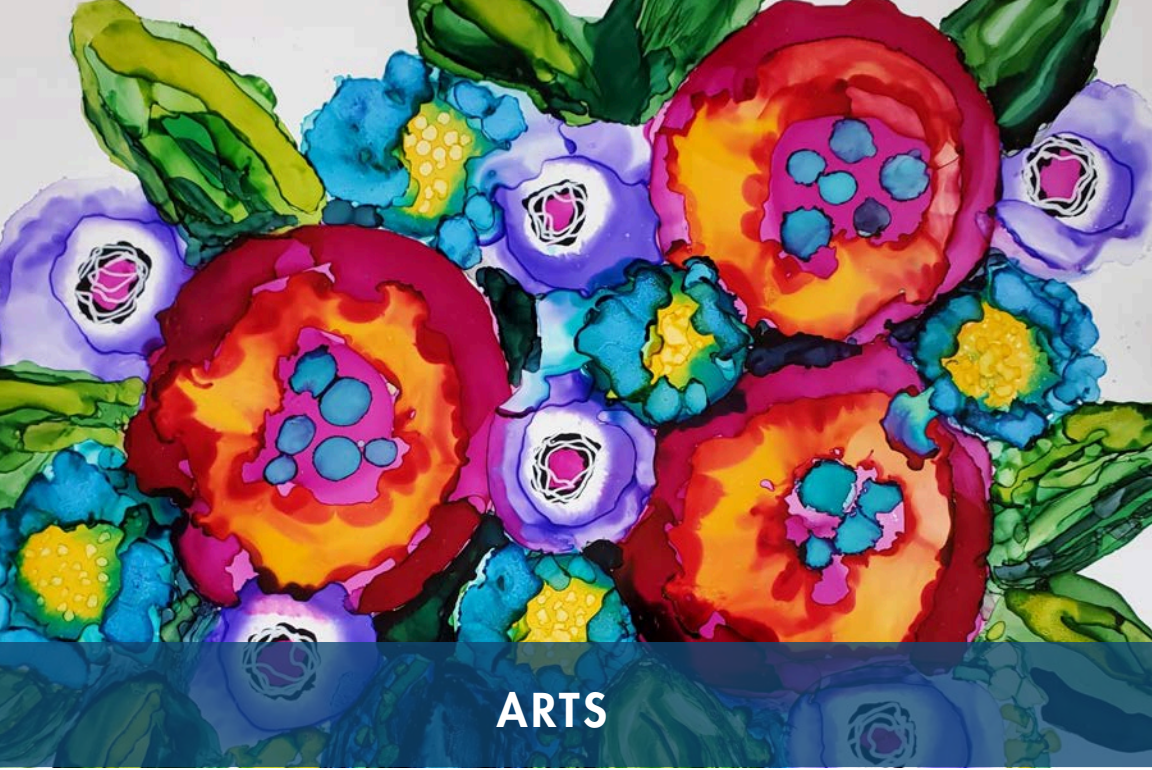
*Saturday, December 7, 10-4 p.m.*

**Registration deadline:** November 30

\$100/\$80 member



Tai Chi Meditation, p. 11



## ARTS

Discover hidden talents as you use nature as inspiration for the arts and do-it-yourself projects. Olbrich Botanical Gardens offers a broad range of classes and workshops for you to learn from talented artists and craftspeople to grow your artistic skills, create unique works, and explore artistic media. Limited space; register early and by the deadline.

### **Watercolor Spring Themes: Flowers, Birds and Insects**

Enjoy a fun day painting spring themes with watercolors. Join us to practice both Eastern and Western watercolor techniques, such as, wet-in-wet, glaze, and dry brush, on a variety of Asian rice papers and to learn the calligraphy for each of the subjects: peony, iris, orchids, morning glories, plum blossoms, egrets with bamboo, small birds, frogs and dragonflies. A supply kit (\$30) is available and can be ordered when you register.

**Instructor:** Stella Dobbins, National Watercolor Society

*Sunday, June 2, 9 a.m.-5 p.m.*

*Registration deadline: May 27*

\$100/\$80 member

### **Landscapes with Alcohol Ink and Foil**

The free-flowing movements of alcohol ink allow you to create gorgeous landscapes, without any drawing or painting skills. We will use a variety of tools to guide, blend, and layer the inks to create three different landscapes, then use metallic alloys and foil to add interesting accents. You will leave with three paintings matted to 8x10. All supplies are provided. All skill levels are welcome; best for ages 16+.

**Instructor:** Beth Kluth, Ink Art by Beth Kluth

*Friday, June 7, 12-3 p.m.*

*Registration deadline: May 31*

\$100/\$80 member

## Unique Floral Arrangements

Make your own floral arrangement while learning the seven fundamentals of floral design. All levels welcome and no previous experience necessary. Each attendee will leave with: a finished flower arrangement, vase, and flower guide to ensure you have the essential knowledge necessary to continue to create your own beautiful flower arrangements at home.

**Instructor:** Chelsey Walker, Chelsey Walker Creative

*Saturday, June 8, 2-4 p.m.*

*Registration deadline: June 1*

\$65/\$50 member

## Fields of Flowers Watercolor Class

Paint a colorful field of flowers with watercolors! You will also learn techniques for painting clouds, trees, grasses, and leaves. Make yours unique by choosing your own flower colors. At the end of class, you will mat one of your 5x7 paintings. This class is for beginners. All supplies included.

**Instructor:** Emily Schroeder, Emily Marie Watercolors

*Tuesday, June 11, 6-8 p.m.*

*Registration deadline: June 4*

\$65/\$52 member

## Easy Birch Trees in Watercolors

Once you learn the tricks and techniques to paint these birch trees with watercolor, you won't be able to stop painting trees in your spare time! Learn how to paint two different birch tree scenes, changing up the sky colors with each painting. This class is perfect for beginners. All supplies included.

**Instructor:** Emily Schroeder, Emily Marie Watercolors

*Thursday, July 11, 6-8 p.m.*

*Registration deadline: July 5*

\$65/\$52 member

## Beginning Chair Caning

Ever wonder how a caned chair seat is made? Then this is the class for you. In this class participants will hand cane a wooden trivet using natural strand cane. Other topics that will be discussed include: the difference between the various types of caning, the different types of caning materials, the 7 step method of hand caning, how to care for caned furniture. This class will not address painting, staining, or wood finishing.

**Instructor:** Mary Jo Harris, Harris Caning & Knitting

*Saturday, August 3, 10 a.m. - 5 p.m.*

*Registration deadline: July 27*

\$135/\$125 member

## Painting River Rocks in Watercolors

Learn how to paint river rocks using watercolors. Using a very simple trick, you will paint multiple river rock scenes and then mat your favorite one. This class is a great opportunity to try watercolor painting using professional supplies! All supplies included. For beginners and beyond.

**Instructor:** Emily Schroeder, Emily Marie Watercolors

*Monday, August 5, 6-8 p.m.*

*Registration deadline: July 29*

\$65/\$52 member

## Leaf Vein Gourd Bowl

Create an eye-catching centerpiece for your home! In this class, we will make a beautiful bowl using a gourd, with specially prepared leaf veins as the main focus. Additional embellishments can be added (feathers, leaves, leather cord) to the rim if you wish. All materials provided.

**Instructor:** Debra Ready, Adorned Gourds

*Saturday, August 17, 2-4:30 p.m.*

*Registration deadline: August 10*

\$70/\$63 member

Helen put me at ease, made all aspects of the learning journey approachable and she was upbeat and encouraging. I learned more in two days of Helen's workshop than in all my previous watercolor classes put together! I loved the classroom set up and light too.

– Watercolors with Helen Klebesadel: A Fresh Start

## Creating Patterns with Alcohol Ink for Printing

Have you ever dreamed of having your artwork printed on pillows, clothing, and more? Join us to create beautiful patterns on paper with alcohol ink that are ideal for printing. Then, learn how to photograph, edit, and upload photos to a print-on-demand website to have them printed on a variety of products. All supplies provided to create images on paper; printed fabric products not included. All skill levels are welcome, best for ages 16+.

**Instructor:** Beth Kluth, Ink Art by Beth Kluth

*Saturday, September 7, 1-4 p.m.*

**Registration deadline:** August 31

\$100/\$80 member

## Fall Foliage: Negative Painting with Watercolors

My favorite thing about fall is looking around on a hike and seeing layers of colorful leaves on the ground. Join us to learn how to use a watercolor technique called negative painting to create this effect. No drawing or previous watercolor skills needed. At the end of class, you will mat one of the 8x10 inch paintings you created. All supplies included.

**Instructor:** Emily Schroeder,  
Emily Marie Watercolors

*Tuesday, September 10, 6-8 p.m.*

**Registration deadline:** September 3

\$65/\$52 member

## Watercolors with Helen Klebesadel: A Fresh Start

An introductory two-day watercolor workshop designed for absolute beginners and for those who have some experience painting with watercolor but seek a refresher to start painting again. Learn or re-learn basics of watercolor including experimental wet-into-wet techniques that give you enough understanding of the medium to enjoy painting watercolors on your own. This workshop does not require drawing skills.

**Instructor:** Helen Klebesadel, Helen Klebesadel Art

*Saturday, September 14 & Sunday,  
September 15, 10 a.m.-4 p.m.*

**Registration deadline:** September 7

\$165/\$155 member

## You CAN Draw! For the Absolute Beginner

Drawing is a relaxing hobby, a foundation skill for all visual arts, and a useful tool in planning home and garden projects. Join Kay as she alleviates your fears through fun nature-based drawing exercises. All materials are provided, including your own sketchbook and drawing tools to bring home.

**Instructor:** Kay Brathol-Hostvet, Brathol-Hostvet Studio

*Saturday, September 14,  
10:30 a.m.-4:30 p.m.*

**Registration deadline:** September 7

\$160/\$150 member

## Drawing: The Next Step

Build upon your drawing skills by learning additional methods to measure and “see” accurately using the time-honored materials of graphite, ink, and charcoal. This is a great follow-up to “You Can Draw” or other beginner classes, as well as a refresher for those with some experience. We will also explore some projects to loosen up and have more fun with the drawing process. Some materials provided. See the supply list for all required materials.

**Instructor:** Kay Brathol-Hostvet, Brathol-Hostvet Studio

*Sunday, September 15,  
10:30 a.m.-4:30 p.m.*

**Registration deadline:** September 9

\$150/\$140 member

## Watercolors at the Gardens with Helen Klebesadel

This two-day watercolor workshop is designed for artists with an interest in advancing their creative and technical approach to watercolor painting and expanding their subject matter. Build upon the skills you have acquired to create stronger artworks. Participants learn to use what they already know how to do for the best possible effects. Plan to bring any garden-focused or other photo images you would like to work with as you develop your paintings.

**Instructor:** Helen Klebesadel, Helen Klebesadel Art

*Saturday, September 21 & Sunday  
September 22, 10 a.m.-4 p.m.*

**Registration deadline:** September 14

\$165/\$155 member

## Napkin Blockprinting with a Press

Interested in exploring the linocut process and learning to print with a printing press? This class will cover the linocut process from start to finish: planning, carving, and printing your block on a small printing press. Students will be provided all materials including linoleum, linoleum cutters, cotton napkins, and ink, and will leave the class with a set of 6 napkins.

**Instructor:** Laurie Hunt, Wild Hunt Prints

*Saturday, September 21, 1-4 p.m.*

*Registration deadline: September 14*

\$86/\$72 member

## Wet Felted Bowls

Delve into the ancient art of felt making as you create a 6" decorative felt bowl using wet felting techniques, bubble wrap, pantyhose and a balloon! Choose from interesting design elements to incorporate on the outside of the bowl. All supplies are locally sourced and hand dyed.

**Instructor:** Natasha Lehrer Lewis, Natasha Lehrer Lewis Art

*Tuesday, September 24, 1-4 p.m.*

*Registration deadline: September 17*

\$110/\$98 member

## Needle Felted Pumpkins

Welcome fall with an elegant felted pumpkin! Choose from a variety of beautiful ombre dyed, locally raised wool fibers to sculpt a 6" pumpkin complete with a real pumpkin stem and fun embellishments. Needle felting techniques will be taught in this beginner-friendly class.

**Instructor:** Natasha Lehrer Lewis, Natasha Lehrer Lewis Art

*Tuesday, September 24, 6-8 p.m.*

*Registration deadline: September 17*

\$78/\$65 member



**I had a wonderful time! What a good intro to sketchbooks and haiku. Kyle was so warm and funny. The whole class was a wonderful invitation to relax and return to our humanity.**

– Sketchy Field Journal  
with Kyle White



## Back to Knitting Basics (6-week series)

Looking to get your knitting groove back? We will cover basic knitting terms, pattern reading basics, yarn weights and sizes, and knitting tools. You'll leave inspired to tackle new skill building projects. Please bring the following to the first class: Worsted weight yarn – light color if possible, size 7 or 8 knitting needles, paper for taking notes, pen or pencil, and any other knitting supplies that you would like to bring.

**Instructor:** Mary Jo Harris, Harris Caning & Knitting

*Wednesdays, October 2-November 6, 2-4 p.m.*

*Registration deadline: September 25*

\$185/\$175 member

## Watercolor Fall Themes: Flowers, Insects and Fish

During this one-day fall watercolor workshop, you will practice traditional and modern Asian and Western watercolor techniques on a variety of Asian rice papers. You will also learn the calligraphy for each of the subjects: chrysanthemums, gourds, pumpkins on a vine, sunflowers, hydrangeas, roses, coneflowers, butterflies and gold fish. There will be a brief discussion after each subject taught. A supply kit (\$30) is available for purchase when registering.

**Instructor:** Stella Dobbins, National Watercolor Society

*Sunday, October 6, 9 a.m.-5 p.m.*

*Registration deadline: September 30*

\$100/\$80 member

## Landscapes with Alcohol Ink and Foil

The free-flowing movements of alcohol ink allow you to create gorgeous landscapes, without any drawing or painting skills. We'll use a variety of tools to guide, blend, and layer the inks to create three different landscapes, then use metallic alloys and foil to add interesting accents. You will leave with three paintings matted to 8x10. All supplies are provided. All skill levels are welcome; best for ages 16+.

**Instructor:** Beth Kluth, Ink Art by Beth Kluth

*Saturday, October 12, 1-4 p.m.*

*Registration deadline: October 5*

\$100/\$80 member



Arranging Words and Flowers, p. 20



Painting River Rocks in Watercolor, p. 15



Wet Felted Bowls, p. 17

## Loose Florals in a Pumpkin

Looking for more ways to capture the beauty of the season? This class is for you! Learn how to paint a few types of loose flowers and leaves then paint them with a pumpkin. This class is perfect for beginners looking to learn how to paint flowers without drawing them out first. At the end of class, you will mat your 8x10 painting. All supplies included.

**Instructor:** Emily Schroeder,  
Emily Marie Watercolors

*Tuesday, October 15, 6-8 p.m.*

**Registration deadline:** October 8

\$65/\$52 member

## Creating Patterns with Alcohol Ink for Printing

Have you ever dreamed of having your artwork printed on pillows, clothing, and more? Join us to create beautiful patterns on paper with alcohol ink that are ideal for printing. Then, learn how to photograph, edit, and upload photos to a print-on-demand website to have them printed on a variety of products. All supplies provided to create images on paper; printed fabric products not included. All skill levels are welcome, best for ages 16+.

**Instructor:** Beth Kluth, Ink Art by Beth Kluth

*Saturday, November 9, 1-4 p.m.*

**Registration deadline:** November 2

\$100/\$80 member

## Crushed Glass Inlay Gourd Bowls

Try your hand at creating your own gourd bowl with a colorful accent. In this class you will learn how to use crushed glass (frit) to complete a beautiful hand painted gourd bowl. You have a choice of 2 designs - bird illustrations or flowers. All materials are provided.

**Instructor:** Debra Ready, Adorned Gourds

*Thursday, November 14, 1-3:30 p.m.*

**Registration deadline:** November 7

\$70/\$63 member

## Holiday Card Design Class: Watercolor Wreaths

Create your own Holiday Cards this year! This class is suited for beginners, but more advanced painters will also be able to take away lots of tips for creating their own holiday wreaths. Your design will be printed directly on your watercolor paper, so no drawing skills are required. All supplies are provided to create 2 holiday wreath cards.

**Instructor:** Emily Schroeder,  
Emily Marie Watercolors

*Thursday, December 5, 6-8 p.m.*

**Registration deadline:** November 29

\$65/\$52 member

## Holiday Card Blockprinting with a Press

Interested in exploring the linocut process and learning to print with a printing press? This class will cover the linocut process from start to finish: planning, carving, and printing your block on a small printing press. Students will be provided all materials including linoleum, linoleum cutters, paper cards, and ink, and will leave the class with a set of 8 cards with envelopes.

**Instructor:** Laurie Hunt, Wild Hunt Prints

*Saturday, December 7, 1-4 p.m.*

**Registration deadline:** November 30

\$86/\$72 member

## Holiday Evergreen Wreaths

Evergreen holiday wreaths smell wonderful and add charm to your winter decorating scheme. Learn how to decorate your own unique wreath with natural materials from Olbrich's gardens. Fresh evergreen wreath, plant materials, and other supplies provided to make one holiday wreath.

**Instructor:** Erin Presley & Samara Eisner,  
Olbrich Botanical Gardens

*Tuesday, December 10, 5:30-7:30 p.m.*

**Registration deadline:** December 3

\$100/\$80 member

*Wednesday, December 11,  
9:30-11:30 a.m.*

**Registration deadline:** December 4

\$100/\$80 member

## Natural Materials Ornaments Workshop

Feeling festive? Let your creativity flow while creating natural material ornaments - great gifts for the fellow gardener or nature-lover on your holiday list. Start with a base of dried citrus, wood slice, or pinecone and build your ornament using dried flowers, seedpods and more. All materials are pre-harvested from Olbrich Gardens to create a one-of-a-kind, unique piece of art! All materials provided. Students must be comfortable working with hot glue and delicate material.

**Instructor:** Katey Pratt, Olbrich Botanical Gardens

*Thursday, December 12, 6-8 p.m.*

**Registration deadline:** December 5

\$32/\$26 member

## Holiday Centerpiece Workshop

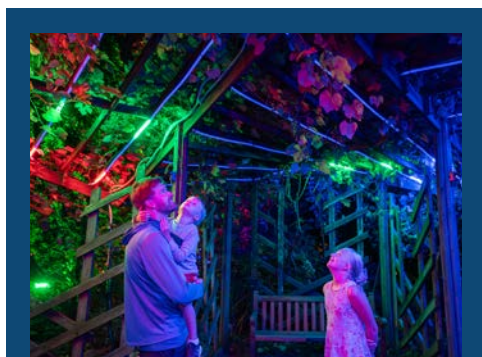
Join horticulturist Sam Malone for a festive evening designing holiday centerpieces! She'll guide you through the steps to create a centerpiece using fresh cut evergreens, branches and other natural material harvested from Olbrich's outdoor gardens. A small selection of fresh flowers not harvested from Olbrich will be available as well. All materials will be provided to make one arrangement.

**Instructor:** Samantha Malone, Olbrich  
Botanical Gardens

*Wednesday, December 18, 6-8 p.m.*

**Registration deadline:** December 11

\$86/\$72 member



## GLEAM

Take an enchanting stroll after dark and see the Gardens in a whole new light at our annual outdoor art exhibit!

**August 24 - October 26,**  
7:30 – 10:30 PM on Wednesdays,  
Thursdays, Fridays and Saturdays



## LITERATURE AND WRITING

Find time to reflect through one of our writing classes and workshops. Olbrich welcomes many talented instructors who are just waiting to support you in your individual writing or literature journey! Limited space; register early and by the deadline.

### Literature

#### "My Garden, My Daylight": Nature Poems by Jorie Graham (2-part class)

Jorie Graham is one of the most important poetic voices of the last fifty years, often noted for her long-line style, abundant presence of thought, and persistent reference to the natural world. In this class, we'll take a look at differing perspectives on the 'nature of nature' in Graham's poetry, and engage in a short session of freewriting to finish the class.

**Instructor:** Troy Hess, On the Yahara Writing Center

*Tuesdays, June 4 & 11, 6-7:30 p.m.*

*Registration deadline: May 28*

\$48/\$38 member

#### Arranging Words and Flowers: Blue Iris by Mary Oliver

Explore Mary Oliver's most flower-centric collection of poetry, *Blue Iris*, then learn how to use our chosen flower as art, incorporating some principles of Ikebana flower arrangement with a professional florist. Participants will take home their arrangement. Readings will be sent out before the class.

**Instructor:** Troy Hess, On the Yahara Writing Center & Stephanie Freimark, Riverside Botanicals

*Thursday, August 15, 4-5:30 p.m.*

*Registration deadline: August 8*

\$54/\$43 member

#### Storytelling: Writing as Fishing Pole, Frame & Campfire

Join us to hear humorous and reflective Midwest stories from author and illustrator, Kyle L. White; share your own experiences; and gain a simple practice of writing your own stories in order to "stop, look & listen" to the world around you! No skill needed. All supplies provided.

**Instructor:** Kyle L. White, Author & Illustrator

*Tuesday, September 17, 5-7 p.m.*

*Registration deadline: September 10*

\$65/\$58 member



## Writing Workshops

### Sketchy Field Journal

Come laugh and learn in this art and writing workshop! Beginners will learn how to keep a regular sketchbook and "bad haiku" field journal. These mindfulness practices will grow your drawing skills and help you "stop, look, and listen" to the miraculous in the mundane of your own backyard. No skill needed. All supplies provided.

**Instructor:** Kyle L. White, Author & Illustrator

*Saturday, June 22nd, 1-3 p.m.*

Registration deadline: June 15

\$65/\$58 member

Tuesday, October 8, 5-7 p.m.

**Registration deadline: October 1**

\$65/\$58 member

### Write and Wander (4-week series)

Explore the lush landscape of the gardens with a nature-inspired writing prompt, return to the classroom to reflect on your experience, and share your writing if you would like. This class will inspire writers of all experience levels to find fresh joy in the writing process and challenge participants to look at the natural world through new eyes.

**Instructor:** Amelia Fontella, Get Inspired Studios

*Thursdays, June 6-27, 5-6 p.m.*

**Registration deadline: May 30**

\$75/\$60 member

### Summer Writing Workouts (4-week series)

Liven up your creative writing practice this summer with a series of writing workouts. In this supportive environment, engage in a sequence of creative writing prompts set to an inspiring musical soundtrack. No matter your experience level, join us for a chance to experience playfulness and joy in the process of writing, without emphasis on a final product.

**Instructor:** Amelia Fontella, Get Inspired Studios

*Thursdays, July 18-August 8, 5:15-6 p.m.*

**Registration deadline: July 11**

\$75/\$60 member

### Winter Reflections for Writers

Writers of all levels will enjoy creative prompts rooted in self-reflection and observation of the natural world to look back on the past year and ahead to the new season. There will be a lot of writing time, optional opportunities for sharing, and a hands-on project that will combine creative writing and collage techniques (no artistic talent required!). Cozy up, get creative, and celebrate the start of something new.

**Instructor:** Amelia Fontella, Get Inspired Studios

*Saturday, December 21, 9-11:30 a.m.*

**Registration deadline: December 14**

\$45/\$35 member

**This class was so much fun I left the first class giggling to myself! I loved the playful approach to writing and creativity of its design. It truly opened me up to new ways of seeing the world and experiencing it in writing. The instructor was friendly and encouraging. The classroom setting with Olbrich's garden-facing windows was a perfect aesthetic for the subject. This Writing Workout was the most fun I've had in a class in decades!**

*– Participant, Writing Workout with Amelia Fontella*



## LEARN & PLAY TOGETHER

Explore the wonder of the natural world with your family. Learn and Play Together classes are a great opportunity for parents or caregivers to spend quality time with their children. Classes are designed for you to explore nature-themed topics side-by-side with your child as they engage in hands-on, fun, age-appropriate experiences. Children must be accompanied by an adult; adult attends free. Dress for the activity and weather. Limited space; register early and by the deadline.

### LITTLE SPROUTS

Little Sprouts programs are nature and literature-based early childhood programs designed to meet the multidimensional learning and developmental needs of children ages 2-5 years. Each class is designed for children to work side-by-side with their adult caregiver as they engage in hands-on, fun, age-appropriate experiences that support the Wisconsin Model Early Learning Standards.

**Little Sprouts Gardening** classes include a story, theme-related learning activities, and garden activities outdoors in the Children's Kitchen Garden. These classes are completely outdoors; please dress for the weather. \$9/\$7 member, per child

### Garden Stories

#### Lola Plants a Garden

Friday, June 7, 10:15-11:15 a.m.

#### Wiggly Worms

Friday, June 14, 10:15-11:15 a.m.

#### Stories from the Bug Garden

Friday, June 21, 10:15-11:15 a.m.

### Summer Bugs

#### Bees

Friday, July 12, 10:15-11:15 a.m.

Tuesday, July 16, 10:15-11:15 a.m.

Friday, July 19, 10:15-11:15 a.m.

#### Butterflies

Tuesday, July 23, 10:15-11:15 a.m.

Friday, July 26, 10:15-11:15 a.m.

#### Fireflies

Tuesday, July 30, 10:15-11:15 a.m.

#### Ants

Tuesday, August 6, 10:15-11:15 a.m.

Friday, August 9, 10:15-11:15 a.m.

## Beetles

Tuesday, August 13, 10:15-11:15 a.m.

Friday, August 16, 10:15-11:15 a.m.

Saturday, August 17, 10:15-11:15 a.m.

## Ladybugs

Tuesday, August 20, 10:15-11:15 a.m.

Friday, August 23, 10:15-11:15 a.m.

## How a Garden Grows

### Compost Stew

Friday, September 6, 10:15-11:15 a.m.

### Flip, Float, Fly

Tuesday, September 10, 10:15-11:15 a.m.

Friday, September 13, 10:15-11:15 a.m.

Saturday, September 14, 10:15-11:15 a.m.

### Mystery Vine

Tuesday, September 17, 10:15-11:15 a.m.

Friday, September 20, 10:15-11:15 a.m.

## Little Sprouts Story and Stroll

classes include a story, theme-related learning activities in the Learning Center, and a stroll through the outdoor gardens or conservatory.

\$9/\$7 member, per child

## Fall Stories

### Pie in the Sky

Friday, October 11, 10:15-11:15 a.m.

Saturday, October 12, 10:15-11:15 a.m.

### Nuts to You

Friday, October 18, 10:15-11:15 a.m.

### Leaves

Friday, October 25, 10:15-11:15 a.m.

## Birds at the Garden

### Ducks

Tuesday, November 5, 10:15-11:15 a.m.

Friday, November 8, 10:15-11:15 a.m.

Saturday, November 9, 10:15-11:15 a.m.

### Hummingbirds

Tuesday, November 12, 10:15-11:15 a.m.

Friday, November 15, 10:15-11:15 a.m.

### Wild Turkeys

Tuesday, November 19, 10:15-11:15 a.m.

Friday, November 22, 10:15-11:15 a.m.

## December Delights

### Festive Candies

Friday, December 6, 10:15-11:15 a.m.

### Whistling Trains

Friday, December 13, 10:15-11:15 a.m.

Saturday, December 14, 10:15-11:15 a.m.

### The Mitten

Tuesday, December 17, 10:15-11:15 a.m.

Friday, December 20, 10:15-11:15 a.m.

## FAMILY CLASSES

### Behind the Scenes: Blooming Butterflies

Join us for a behind the scenes look at Olbrich's Blooming Butterflies Exhibit! Work side-by-side with staff to feed the butterflies in the Bolz Conservatory. Learn about the butterfly lifecycle, where the butterflies come from, and how they are cared for. We will also release some butterflies if they are ready to fly! Ages 5-11 with an adult.

**Instructor:** Sarah Ellis, Olbrich Botanical Gardens

Wednesday, July 17, 8:30-9:30 a.m.

**Registration deadline: July 10**

\$18/\$15 member, per child

Wednesday, July 24, 8:30-9:30 a.m.

**Registration deadline: July 17**

\$18/\$15 member, per child

Wednesday, July 31, 8:30-9:30 a.m.

**Registration deadline: July 24**

\$18/\$15 member, per child

### Medicinal Herbs & Herb Exploration

Bring your young nature enthusiast to learn all about herbs for this family class! We will learn about how to use herbs, sustainable harvesting techniques, and even fill a sachet with fresh herbs from the garden to bring home! We will meet indoors but dress for the weather. Ages 5-11 with an adult.

**Instructor:** Ariel Christian, Olbrich Botanical Gardens

Saturday, September 28, 10:30-11:30 a.m.

**Registration deadline: September 21**

\$10/\$8 member, per child

## Ephemeral Arts

What is ephemeral art? Art that is only created with natural materials and is meant to get blown away by the wind or tumbled down by the rain. We will walk around the gardens collecting fallen leaves, sticks, and any other natural art materials we can find, so please dress for the weather. Then we'll head to the classroom to put our creative minds to work.

Ages 5-11 with an adult.

**Instructor:** Ariel Christian,  
Olbrich Botanical Gardens

*Saturday, October 19, 10:30-12 p.m.*

**Registration deadline:** *Saturday, October 12th*  
\$15/\$12 member, per child

## Tropical Mythical Garden Creatures

Join us for mythical creature fun! Learn the myth and lore of gnomes, flower fairies, and nymphs, search for signs of these mythical creatures in our tropical conservatory, and make your own garden creature and small garden house to take home. All supplies provided. Ages 5-11 with an adult.

**Instructor:** Ariel Christian,  
Olbrich Botanical Gardens

*Thursday, November 7, 5:30-7 p.m.*

**Registration deadline:** *October 31*

\$15/\$12 member, per child

## Holiday Greeting Cards with Kids

Looking for a new approach to your seasonal greeting cards this year? Join watercolor artist Joyce Folgert for an afternoon watercolor class and paint two holiday greeting card pictures.

We will paint a snowperson in the snow and a lovely red poinsettia flower. All materials will be provided to paint two pictures ready to be scanned, printed, and turned into cards at your local print shop. Ages 8-12 with an adult.

**Instructor:** Joyce Folgert, Artist

*Sunday, November 17, 1-3 p.m.*

**Registration deadline:** *November 11*

\$80/\$65 member (with an adult), per child



**Loved the class! I look forward to more classes in the future. It was so nice to have a program where multiple ages of kids were present and their adults were welcome to participate.**

– Participant in Family Class



## Blooming Butterflies

This special exhibit features up to 19 different species of free flying butterflies in the tropical Bolz Conservatory. Two chrysalis cases provide opportunities to possibly witness a butterfly emerge from a chrysalis!

**Daily, July 17-August 11,**  
10 a.m. – 4 p.m.



## Holiday Express

Enjoy large-scale model trains chugging through a festive scene overflowing with hundreds of poinsettias and fresh evergreens. Each year, Olbrich's creative horticulturists design and create a unique environment for guests to explore.

**Daily, December 7 – 31,**  
10 a.m. – 4 p.m.



## YOUTH PROGRAMS AND FIELD TRIPS

Olbrich Botanical Gardens is the perfect place for youth to explore the wonders of nature. We welcome youth, scout groups, K-12 community organizations, homeschool groups, and K-5 students to join us for hands-on exploration of a wide variety of nature-based topics.

### YOUTH GROUP PROGRAMS

Register your Scout Troop or K-12 community organization for one of our nature-based programs or contact us to develop a program suited to your group's needs and interests. Programs are offered year-round. Check details for the best time to schedule particular programs.

**Plant, Water, Grow** (Spring-Summer)

**All About Owls** (Fall)

**Every Drop Counts** (All year)

**Flower Fairies/Mythical Garden  
Creatures** (Summer-Fall)

Are you interested in a self-guided field trip for your youth group? We can offer learning resources to enhance your visit. Please contact Ariel Christian at [achristian@cityofmadison.com](mailto:achristian@cityofmadison.com) or 608-245-0583 for assistance and information.

### EXPLORER FIELD TRIP PROGRAM

Join us for hands-on, inquiry-based field trips to explore the extraordinary world of plants. All programs support the Wisconsin Model Academic Standards and the Madison Metropolitan School District Science Curricula Scope and Sequence. Each program is 90 minutes and includes indoor learning stations and a guided nature walk in the indoor tropical Bolz Conservatory or the outdoor gardens. Please email [achristian@cityofmadison.com](mailto:achristian@cityofmadison.com) for more information.

**Ecology Explorer – Grades K-5**  
October – November

**Forest Explorer – Grade K-5**  
February

**Botany Explorer – Grades K-5**  
April - May



## DISCOVERY DAYS

Explore the wonders of nature through hands-on activities in the outdoor gardens or Bolz Conservatory at the Discovery Cart from 10 a.m. until 12 p.m. on Olbrich's Discovery Days!

Discovery Cart locations, themes, and availability vary by season. In the summer months you can typically find the Discovery Cart in the outdoor gardens Monday through Friday, weather permitting. In the fall you can find the Discovery Cart in the Bolz Conservatory on Wednesdays.

**June:** Plant Parts

**July:** Pollinators

**August:** Above and Below

**September:** Patterns in Nature

**October:** Exploring the Micro-verse

**November:** Rainforest Mindfulness

**December:** Between Two Forests



## Olbrich After Hours

The Summer Concert Series is back with a fresh twist and new name - Olbrich After Hours! We're open late! Enjoy an evening in the gardens with a rolling line-up of dynamic musicians, pop-up performances, and delectable food carts. Bring your own lawn chair or blanket seating. Carry-in picnics welcome; carry-in alcohol prohibited.

**Tuesdays, June 25 - August 13,**  
6-9 p.m.

# REGISTRATION

[Please print.]

Registrant/Parent: \_\_\_\_\_

Are you an Olbrich Member?  Yes  No

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*Email correspondence is used to provide you with the most current class information.*

*Your email address will not be shared with any other individuals or organizations.*

Class Date	Class Title	Child's First Name/Age <small>(for children's classes)</small>	Fee \$
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Fee Total: \$ \_\_\_\_\_

## PAYMENT METHOD

Personal Check #: \_\_\_\_\_

*[Make check payable to Olbrich Botanical Society.]*

Cash

## Cancellation & Refund Policy

*Class registrants who cancel 14 or more days prior to the class are subject to a \$5 processing fee. Cancellations after the listed class registration deadline are non-refundable; you are welcome to find someone to fill your place or please consider your payment a donation to Olbrich. Email [OlbrichEducation@CityOfMadison.com](mailto:OlbrichEducation@CityOfMadison.com) with questions.*



## EDUCATION PROGRAM PARTNERS

THANK YOU TO OLBRICH'S 2024 EDUCATION PROGRAM PARTNERS WHO HELP PROVIDE HIGH-QUALITY EDUCATION PROGRAMS TO MORE THAN 155,000 ADULTS AND CHILDREN YEARLY.

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3330 Atwood Avenue, Madison, WI 53704